

NZUSICON 2011 – Report

Report on the 21st Annual Meeting of the North Zone Chapter, Urological Society of India 8th-10th October, 2011: Hotel Peterhof, Shimla

The 21st annual meeting of the North Zone Chapter, Urological Society of India was held from 8th-10th October, 2011 at Hotel Peterhof, Shimla. The meeting was organized by the Department of Urology, Indira Gandhi Medical College, Shimla with Dr ML Dhar as the Organizing Chairman and Dr Pamposh Raina as the Organizing Secretary.

The pre-conference workshop began at 8 AM on Saturday, 8th October. The theme of the workshop was 'Back to Basics' and the first two sessions were devoted to discussing the basics of performing a PCNL and TURP/TURBT. Speakers in both these sessions presented the elementary steps in performing these operations and discussed common problems. The two-hour sessions were followed by a live operative workshop with two-way communication from 4 operation theaters in IGMC to the main Hall in Hotel Peterhof. 11 surgical procedures were demonstrated, focusing on basic steps of TURP, TURBT and PCNL. In addition, laser procedures for prostate surgery were also demonstrated. The operative workshop was followed by a one-hour session on allied specialties where essential requirements such as radiation protection, functional study before stone surgery and ATT were discussed.

The conference was inaugurated by Dr SK Sharma, Past President USI and NZUSI with Principal, IGMC Shimla being the special guest. All speakers at the inauguration stressed the need for greater participation by members in order to gain maximal benefit from the proceedings. The inauguration was followed by a social program and dinner.

On the first day of the main conference, the Dr PN Kataria Memorial Oration was delivered by Dr Madhu Agarwal of Agra who spoke on 'Endourology: the way forward'. Dr Anant Kumar of New Delhi delivered the Marudhara Jodhpur Trust Oration titled 'Nephron sparing surgery: evolving journey'. A new session on Evidence Based Medicine saw 2 presentations on 'Antenatal Hydronephrosis: When to intervene?' and 'Neoadjuvant chemotherapy for Carcinoma Bladder'. The speakers distilled the existing literature on these subjects and presented a balanced view of the controversies. The sessions were much appreciated. The debate on Ileal conduit is the diversion of choice for Indian patients was evenly contested. In the evening, another novel session on Clinical Decision Making was chaired by Prof. NP Gupta with residents presenting 4 cases for the opinion of the house and an expert panel.

Day-2 of the conference included an interesting Progress session by post-graduate students who highlighted some of the important published papers from world literature in the previous year and provided critical appraisal of these papers. The symposium on Uro-gynaecological fistulae and their management included presentations on all types of such fistulae. The symposium was followed by another innovation, the take home messages where three speakers gave a 10 minute summary of important aspects of all presentations during the conference.

Over 75 abstracts were presented in various formats during the meeting. A number of new sessions were introduced and the entire program was run to clock-like punctuality.

Dr Rajeev Kumar

Honorary Secretary

North Zone Chapter, Urological Society of India

29th October, 2011

